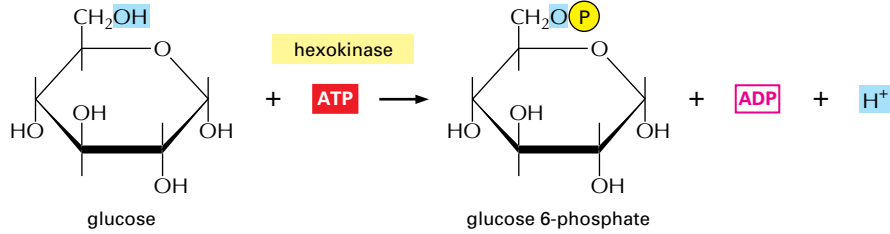


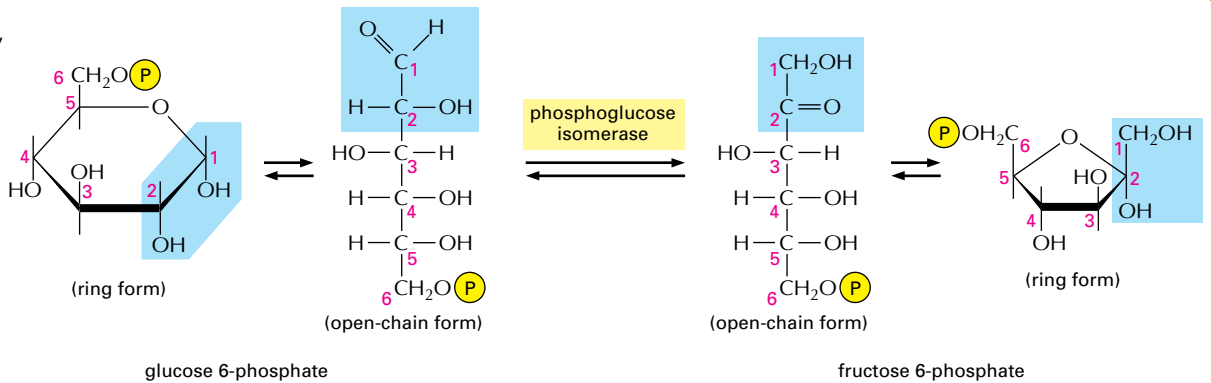
Panel 13-1 Details of the 10 steps of glycolysis

For each step, the part of the molecule that undergoes a change is shadowed in blue, and the name of the enzyme that catalyzes the reaction is in a yellow box.

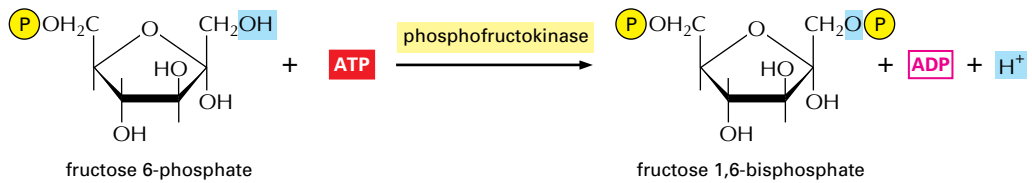
Step 1 Glucose is phosphorylated by ATP to form a sugar phosphate. The negative charge of the phosphate prevents passage of the sugar phosphate through the plasma membrane, trapping glucose inside the cell.



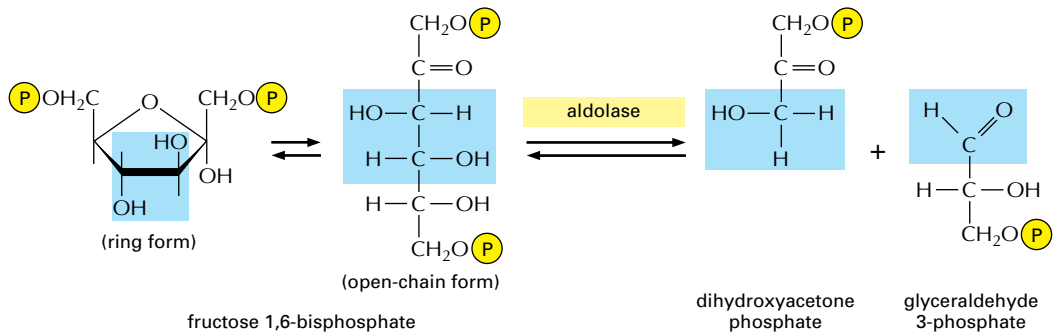
Step 2 A readily reversible rearrangement of the chemical structure (isomerization) moves the carbonyl oxygen from carbon 1 to carbon 2, forming a ketose from an aldose sugar. (See Panel 2-3, pp. 70-71.)



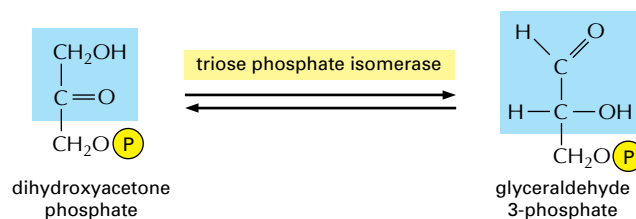
Step 3 The new hydroxyl group on carbon 1 is phosphorylated by ATP, in preparation for the formation of two three-carbon sugar phosphates. The entry of sugars into glycolysis is controlled at this step, through regulation of the enzyme *phosphofructokinase*.



Step 4 The six-carbon sugar is cleaved to produce two three-carbon molecules. Only the glyceraldehyde 3-phosphate can proceed immediately through glycolysis.

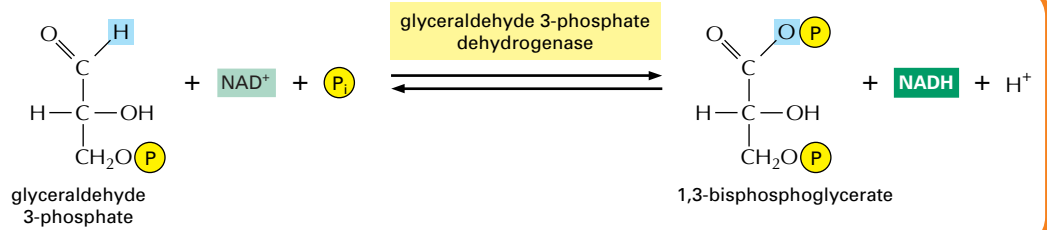


Step 5 The other product of step 4, dihydroxyacetone phosphate, is isomerized to form glyceraldehyde 3-phosphate.

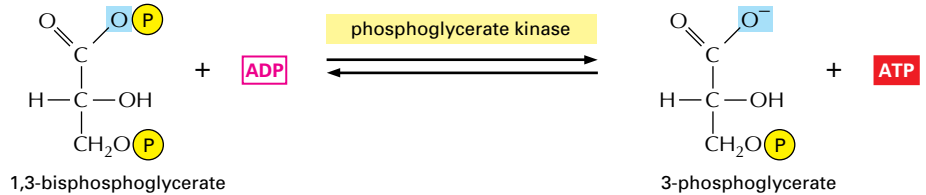


Step 6

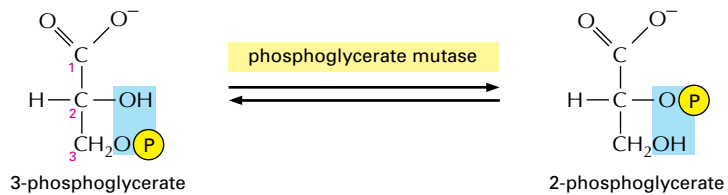
The two molecules of glyceraldehyde 3-phosphate are oxidized. The energy-generation phase of glycolysis begins, as NADH and a new high-energy anhydride linkage to phosphate are formed (see Figure 13-5).

**Step 7**

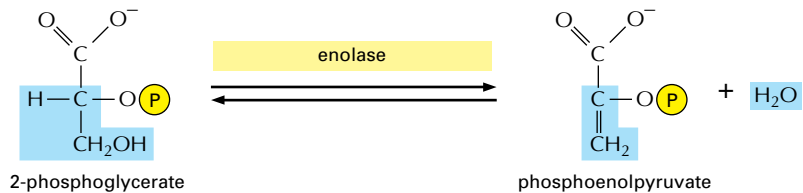
The transfer to ADP of the high-energy phosphate group that was generated in step 6 forms ATP.

**Step 8**

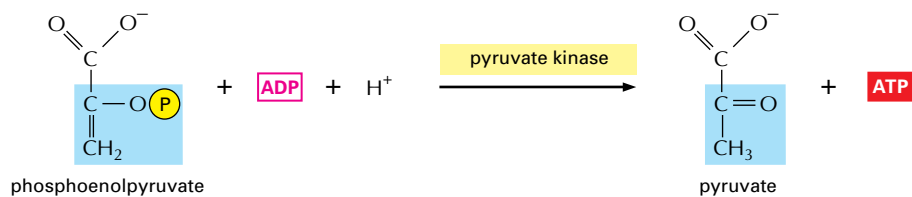
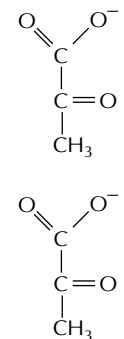
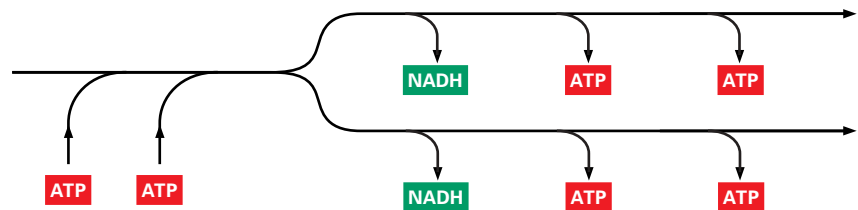
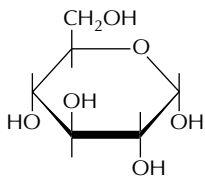
The remaining phosphate ester linkage in 3-phosphoglycerate, which has a relatively low free energy of hydrolysis, is moved from carbon 3 to carbon 2 to form 2-phosphoglycerate.

**Step 9**

The removal of water from 2-phosphoglycerate creates a high-energy enol phosphate linkage.

**Step 10**

The transfer to ADP of the high-energy phosphate group that was generated in step 9 forms ATP, completing glycolysis.

**NET RESULT OF GLYCOLYSIS**

In addition to the pyruvate, the net products are two molecules of ATP and two molecules of NADH.